



Oceanport Board of Education

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**COMPREHENSIVE HEALTH EDUCATION PROGRAM
MAPLE PLACE SCHOOL
OCEANPORT, NJ 07757**

September, 2018

Dear Parents,

The State Board of Education has mandated that Family Life Education be part of the school's educational program. Family Life Education addresses the student's physical, emotional, and social development. All the students in the Maple Place School will receive basic, age appropriate HIV/Aids prevention education as part of the Family Life unit.

Family Life Education means instruction in: "the physical, mental, emotional, social, economic and physiological aspects of inter-personal relationships, physiological, psychological and cultural foundations of human development, sexuality and reproduction at various stages of growth; the opportunity for pupils to acquire knowledge, which will support the development of responsible personal behavior and strengthen their own family life now, and aid in establishing strong family life for themselves in the future, thereby contributing to the enrichment of the community. In addition, because of the serious health threat posed by HIV/Aids, instruction will include accurate information about the disease and will encourage appropriate behaviors to ensure their health and safety."

Over the course of the school year, the students in all grade levels will be introduced to terms, concepts and understandings that are outlined in the NJ State Core Curriculum Content Standards and the district's Health Education Curriculum Guide.

The following pages list the specific objectives and a content outline for instruction in your child's grade level. Please review the appropriate grade level for your child. If any part of this instruction is in conflict with your conscience or sincerely held moral and or religious beliefs, your child, upon request, will be excused from that portion of the course where such instruction is given and no penalties as to course credit, grades or graduation shall result. All materials can be made available to you by appointment with the health teachers and clarification of the objectives can be provided at any time. To excuse your child during any of these lessons throughout the course of the year, check **NO** in the appropriate box on the permission slip, and return it to the main office by the end of the first full week of school. Otherwise, check the **YES** box to allow your child to participate in Family Life Education this year at Maple Place School.

Sincerely,

Maple Place Health Education Teachers

FAMILY LIFE EDUCATION
MAPLE PLACE SCHOOL

5TH GRADE

OBJECTIVES

The students will be able to:

1. Discuss factors that support and sustain relationships such as friendships and marriage.
2. Describe the responsibilities of parenthood, with an emphasis on teen parenthood and discuss the impact of parenthood on parents, family members, and the child.

CONTENT

1. Peer Influences
 2. Emotional, Physical and Social Health
 3. Relationships/Friendships
 4. Appropriate Relationships
 5. HIV/Disease Prevention
 6. Menstruation
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6TH GRADE

OBJECTIVES

The students will be able to:

1. Describe the significant developmental milestones of each stage of human development, with emphasis on the physical, emotional and social changes of adolescence.
2. Describe the functioning of the human reproductive system and the physical and emotional changes that occur at puberty.
3. Discuss factors that support and sustain relationships such as friendships and marriage.
4. Describe the responsibilities of parenthood, with an emphasis on teen parenthood and discuss the impact of parenthood on parents, family members, and the child.

CONTENT

1. Self-Esteem/Self Concept
 2. Positive and Negative Attitudes (Competition and Cooperation)
 3. Factors of a Good Relationship (Parenthood)
 4. Changing Relationships
 5. HIV/Aids
 6. Male/Female Reproduction
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FAMILY LIFE EDUCATION
MAPLE PLACE SCHOOL

7TH GRADE

OBJECTIVES

The students will be able to:

1. Describe the significant developmental milestones of each stage of human development, with emphasis on the physical, emotional and social change of adolescence.
2. Describe the functioning of the human reproductive system and the physical and emotional changes that occur at puberty.
3. Describe and discuss affection, love, commitment and sexual attraction and the difference between having sexual feelings and acting on them.
4. Discuss factors that support and sustain relationships such as friendships and marriage.
5. Describe the responsibilities of parenthood, with an emphasis on teen parenthood and discuss the impact of parenthood on parents, family members, and the child.

CONTENT

1. Body Images/Sexual Harassment
 2. Emotional, Physical, and Social Change.
 3. Factors of Affection, Commitment and Sexual Attraction
 4. Responsibilities of Parenthood
 5. HIV/Disease Prevention
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FAMILY LIFE EDUCATION
MAPLE PLACE SCHOOL

8TH GRADE

OBJECTIVES

The students will be able to:

1. Describe the significant developmental milestones of each stage of human development, with emphasis on the physical, emotional and social change of adolescence.
2. Describe the functioning of the human reproductive system and the physical and emotional changes that occur at puberty.
3. Describe and discuss affection, love, commitment, and sexual attraction and the difference between having sexual feelings and acting on them.
4. Discuss factors that support and sustain relationships such as friendships and marriage.
5. Describe the responsibilities of parenthood, with an emphasis on teen parenthood and discuss the impact of parenthood on parents, family members, and the child.
6. Develop strategies to support sexual abstinence, and compare and contrast methods of contraception used to reduce the risk of sexually transmitted diseases, HIV and unintended pregnancy.

CONTENT

1. Adolescent Growth and Development
 - a. Physical Changes
 - b. Forming Relationships
 - c. Getting Ready for High School
2. Tolerating Differences
 - a. Sexual Harassment
 - b. It's OK to be Different
3. Equity Education
4. Factors that Support Sustained Relationships
5. Responsibilities of Parenthood
6. HIV/Disease Prevention
 - a. Sexual Abstinence
 - b. Contraception
7. Impact of Early Sexual Activity